

# July 2010 City Fare Menu @ Claymore

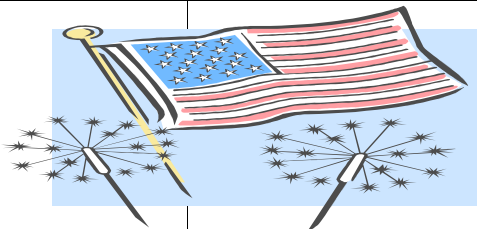
Monday

Tuesday

Wednesday

Thursday

Friday



			<p>1 Minestrone Soup Ham &amp; Swiss Cheese with Tomato, Lettuce &amp; Onion on Club Roll Green Bean Salad Strawberries with Whipped Topping</p>	<p>2 BBQ Chicken with Lettuce &amp; Tomato on Multi Grain Roll Italian Blend Vegetables Orange Sugar Cookie</p>
<p>5 <b>CENTER CLOSED TO OBSERVE 4th OF JULY HOLIDAY</b></p>	<p>6 Baked Ham Baked Potato with Cheese Brussels Sprouts Corn Muffin Banana</p>	<p>7 Orange Juice Baked Cod Tater Tots California Blend Vegetables Ultimate Grain Bread Peaches</p>	<p>8 Cranberry Juice Oven Fried Chicken Collard Greens Coleslaw Dinner Roll Apple</p>	<p>9 Cream of Broccoli Soup Hot Roast Beef with AuJus Gravy on Club Roll Pineapple Chunks Granola Bar</p>
<p>12 Salisbury Steak with Gravy Sweet Honey Mashed Potatoes Kale Dinner Roll Pear</p>	<p>13 Cream of Broccoli Soup Baked Chicken Corn with Bell Pepper Ultimate Grain Bread Peaches</p>	<p>14 <b>**Special Meal**</b>  Stuffed Green Pepper with Tomato &amp; Meat Sauce AuGratin Potatoes Italian Bread Chocolate Cake</p>	<p>15 Baked Flounder Brown Rice Peas Country Wheat Bread Cantaloupe Chocolate Ice Cream</p>	<p>16 Cheese Tortellini with Tomato Sauce &amp; Mozzarella Italian Blend Vegetables Cucumber Salad Dinner Roll Banana</p>
<p>19 Beef Hot Dog with Roll Baked Beans Coleslaw Applesauce Honeydew Melon</p>	<p>20 Grape Juice Meatball Sub Tossed Salad with Dressing Banana</p>	<p>21 Apple Juice Split Pea Soup Tuna on Country Wheat Bread Carrot Raisin Salad Mandarin Oranges</p>	<p>22 Hawaiian Glazed Chicken Confetti Rice Carrots Pear Vanilla Pudding</p>	<p>23 Grape Juice Ravioli with Tomato Sauce &amp; Parmesan Cheese Brussels Sprouts Dinner Roll Banana</p>
<p>26 Pineapple Juice Turkey &amp; Provolone Cheese with Lettuce &amp; Tomato on Bun Corn Salad Pear</p>	<p>27 Orange Juice Chicken Cacciatore Confetti Rice Key West Vegetables Cantaloupe</p>	<p>28 Vegetable Lasagna Tossed Salad with Dressing Italian Bread Pineapple Chunks Cake</p>	<p>29 Pot Roast Baked Potato with Cheddar Cheese Broccoli Florets &amp; Cuts Dinner Roll Applesauce</p>	<p>30 Meatloaf with Gravy Garlic Mashed Potatoes Peas with Pearl Onions Wheat Bread Rainbow Sherbet</p>

- All meals subject to change. Meals contain 1% milk & margarine.
- Meals are ordered according to projected number; over that number, back-up meals will be available.
- Suggested minimum donation for persons 60+ is \$1.50.

- Tuesday & Thursday Evening Meals at St. Anthony's Senior Center Only.
- Saturday Mid Day Meals at both St. Anthony & St. Patrick Senior Center.
- Sunday Mid Day Meals at St. Anthony & St. Patrick Senior Center.