


# July 2010 City Fare Lunch/Supper Bag Menu @ Claymore

Monday	Tuesday	Wednesday	Thursday	Friday
			1 #1 Orange Juice Grilled Chicken Breast with Lettuce, Tomato & Onion on Multi Grain Bun Three Bean Salad Banana	2 #4 Tuna Salad with Lettuce & Tomato on Wheat Bread Healthy Slaw Apple Gold Fish Cookie
5 <b>CENTER CLOSED TO OBSERVE 4th OF JULY HOLIDAY</b>	6 #3 Tomato Juice Chicken Salad with Lettuce, Tomato on Multi Grain Bun Mandarin Oranges Oatmeal Cookie	7 #6 Apple Juice Ham & Swiss Cheese with Lettuce & Tomato on Whole Wheat Bread Carrot Raisin Salad Mixed Fruit Cup	8 #5 Pineapple Juice Turkey & Provolone Cheese with Lettuce, Tomato & Onion on Sub Roll Banana Vanilla Pudding	9 #1 Orange Juice Grilled Chicken Breast with Lettuce, Tomato & Onion on Multi Grain Bun Three Bean Salad Banana
12 #2 Apple Juice Ham & Provolone Cheese with Lettuce, Tomato & Onion on Sub Roll Orange Animal Crackers	13 #7 Orange Juice Roast Beef with Lettuce, Tomato & Onion on Multi Grain Bun Creamy Cole Slaw Pears	14 #3 Tomato Juice Chicken Salad with Lettuce, Tomato on Multi Grain Bun Mandarin Oranges Oatmeal Cookie	15 #4 Tuna Salad with Lettuce & Tomato on Wheat Bread Healthy Slaw Apple Gold Fish Cookie	16 #5 Pineapple Juice Turkey & Provolone Cheese with Lettuce, Tomato & Onion on Sub Roll Banana Vanilla Pudding
19 #6 Apple Juice Ham & Swiss Cheese with Lettuce & Tomato on Whole Wheat Bread Carrot Raisin Salad Mixed Fruit Cup	20 #3 Tomato Juice Chicken Salad with Lettuce, Tomato on Multi Grain Bun Mandarin Oranges Oatmeal Cookie	21 #5 Pineapple Juice Turkey & Provolone Cheese with Lettuce, Tomato & Onion on Sub Roll Banana Vanilla Pudding	22 #7 Orange Juice Roast Beef with Lettuce, Tomato & Onion on Multi Grain Bun Creamy Cole Slaw Pears	23 #2 Apple Juice Ham & Provolone Cheese with Lettuce, Tomato & Onion on Sub Roll Orange Animal Crackers
26 #7 Orange Juice Roast Beef with Lettuce, Tomato & Onion on Multi Grain Bun Creamy Cole Slaw Pears	27 #2 Apple Juice Ham & Provolone Cheese with Lettuce, Tomato & Onion on Sub Roll Orange Animal Crackers	28 #1 Orange Juice Grilled Chicken Breast with Lettuce, Tomato & Onion on Multi Grain Bun Three Bean Salad Banana	29 #4 Tuna Salad with Lettuce & Tomato on Wheat Bread Healthy Slaw Apple Gold Fish Cookie	30 #5 Pineapple Juice Turkey & Provolone Cheese with Lettuce, Tomato & Onion on Sub Roll Banana Vanilla Pudding

- All bag suppers contain 1% milk & margarine.
- All meals subject to change. Suggested minimum donation for persons 60+ is \$ 1.50.
- Meals available by reservation. Call your Senior Center to reserve your bag supper. Bag supper meals are available 7 days a week.
- Saturday Meals served at St. Anthony's & St. Patrick's